



Questionnaire for Bike Links Clients

Name of Client

Please record information on take up of training and usage of the bike provided to clients of Connexions Gathering information about the scheme is a useful, and may help the development of similar schemes This Questionnaire should be used for each client referred to Bike Links, at the following intervals:

Having referred your client to Bike Links you should make arrangements to speak to your client after :

2 weeks

1 month

3 Months

Please circle to show which interval the questionnaire is being used for

Bike Links will be in touch with the client after 6 months, to return the deposit and to hand over the bike

Questions

| | | | | | | | | | |
|--|--------------------------|-------------|--------------------------|--------------------|--------------------------|-----------------|--------------------------|--------------|--------------------------|
| 1 How helpful has the bike been in getting to activities, work or training? | | | | | | | | | |
| Not at all | <input type="checkbox"/> | Slightly | <input type="checkbox"/> | Helpful | <input type="checkbox"/> | Very | <input type="checkbox"/> | Crucial | <input type="checkbox"/> |
| 2 How often are you using the bike | | | | | | | | | |
| Not at all | <input type="checkbox"/> | Once a week | <input type="checkbox"/> | Twice weekly | <input type="checkbox"/> | Most days | <input type="checkbox"/> | Daily | <input type="checkbox"/> |
| 3 When not using the bike, why not? | | | | | | | | | |
| Weather | <input type="checkbox"/> | Too Hilly | <input type="checkbox"/> | Opportunity missed | <input type="checkbox"/> | Programme ended | <input type="checkbox"/> | Missing bike | <input type="checkbox"/> |
| 4 How often do you exercise? (includes cycling and walking) | | | | | | | | | |
| Not at all | <input type="checkbox"/> | Once a week | <input type="checkbox"/> | Twice weekly | <input type="checkbox"/> | Most days | <input type="checkbox"/> | Daily | <input type="checkbox"/> |

Please place the completed form in the tray by the Franking Machine