



Health

The NHS in Plymouth serves the healthcare needs of the population of Plymouth and its surrounding area, covering:

- over 45 GP practices
- community hospitals and contracts with 27 dental practices managed by Plymouth Teaching Primary Care Trust
- the largest hospital Trust in the south west peninsula – Derriford Hospital – managed by Plymouth Hospital NHS Trust

Patients in Plymouth have access to the national Choose and Book scheme. This scheme allows patients to choose a convenient place, date and time for their initial hospital appointment.

The Peninsula NHS Treatment Centre at the International Medical and Technology Park opened in 2005 and helps to deliver choice and reduce waiting times for orthopaedic surgery treatment for patients throughout Devon and Cornwall.

The South West Cardiothoracic Centre opened at Derriford Hospital in 2007. Derriford had already established itself as a centre of cardiothoracic excellence and the new state-of-the-art building houses six spacious wards together with cardiac surgical intensive care unit, high dependency unit and coronary care unit.

The Department of Intensive Care Medicine opened at Derriford Hospital in August 2008. The new centre, which is three times the size of the old facility, houses two main wards, specialist side rooms and about £1.3 million worth of equipment ensuring it has some of the best facilities in the UK.

These developments form part of a phased development plan for Derriford over the next ten years, transforming its buildings and facilities to match new ways of delivering services.

The 41-bed private Nuffield Hospital in Plymouth opened in 1971 and is situated close to the NHS hospital at Derriford.

There are a number of alternative and complementary health practitioners offering a variety of treatments such as chiropractors, osteopaths, aromatherapists, homeopaths, acupuncturists and herbalists, both in Plymouth and the surrounding area.

