

**Crownlands Children's Centre
Programme of activities – Spring 2012**

	Morning Sessions	Afternoon Sessions	
Mon		Monthly surgeries Money, Housing. Contact centre for details	Chatterbox & Latch On @ Royal Naval Centre 1 – 3pm
Tues		Jumpin Jacks @ Eggbuckland Village Hall 1.45 – 3pm	(Ante-natal sessions) 2 – 4pm Great Expectations (<i>Booking required</i>)
Wed	Mini Gems (Stay & Play toddler group) 9 – 11am	Adult Education courses with Crèche	
Thurs	Pram to Primary & Creche (Parenting Course) 9 – 11am	Baby Group & Post Natal Clinic 1 – 2.30pm	
Fri	Crownlands Toddlers (Stay & Play) 9 – 11am	One to Ones with Sharon (<i>Booking required</i>) 1 – 3pm	Eggbuckland Village Hall Stay & Play 1.45 – 3pm



**Crownlands Children's Centre is open between 8.30 – 4.30
Mon – Fri. Please feel free to drop in for information regarding
services and activities for children between 0 – 5, or phone
770321 for more information.**

**We are in Austin Farm Primary school grounds in Eggbuckland,
Delamere Road, PL6 5XQ**

Mums, dads, carers and grandparents all welcome!

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Crownlands Children's Centre can help families with:

**Healthy Lifestyles
Money matters
Pregnancy
Nutrition
Baby Massage
Parenting
Behavioural Workshops
Physical Play
Starting Nursery Workshops
Adult Education
Housing information
Emotional Support
Post Natal Clinic
Breastfeeding
Employment
Return to work
Book loaning
Toddler groups
Pre-school Workshops
Keeping children safe**

Having fun with children

Activities are free of charge however donations are always welcome

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