

D.E.L.L. Children's Centre Timetable – Spring Term Timetable

Monday 16th April – Friday 1st June 2012

Activities for Parents & Carers with Children under 5 living in Deer Park, Efford, Lipson & Laira

D.E.L.L. High View School Site, Torrridge Way, Efford, Plymouth, PL3 6JQ

	Monday	Tuesday	Wednesday	Thursday	Friday	
A M		9:15-10:30am Tumble Teds (Physical play activities for children aged 18 months-4 years) Space For Sports & Arts 11am-12pm Baby Bears (Soft play for babies from birth-18 months) Space For Sports & Arts	9:30am-4pm Midwifery Clinic (Appointment only) Consultation Room Times / dates subject to change	9:15-11:15am Chatterbox with Health Visitor's Child Weighing Clinic (Drop-in session for children from birth-4 years) D.E.L.L. Activity Space	9:15-11:15am Latch-On Breastfeeding Support Group (Drop-in advice session for parents-to-be & breastfeeding mums) D.E.L.L. Crèche Room	
P M	1-3pm Great Expectations Antenatal Classes (16 th April – 28 th May) D.E.L.L. Activity Space			1:30-2:45pm Step By Step Together (For children from birth-4 years) D.E.L.L. Activity Space	1pm-4pm Midwifery Clinic (Appointment only) Consultation Room Times / dates subject to change	9-11:30am Housing Advice Drop-In Surgery (20 th April, 4 th May, 18 th May & 1 st June) Consultation Room 12-4pm Money Advice Surgery (By appointment only) Consultation Room

Coming soon...
FREE 6 Week Family First Aid Course
 Tuesdays 1:15-3:15pm at D.E.L.L. High View
FREE Childcare spaces for children from 12 months – 5 years
 For more information or to book a place please call 306334

Advisory Board Meeting
 18th May 1-3pm at D.E.L.L. High View

D.E.L.L. Laira Link Site, Laira Green Primary School, Bramley Road, Laira, PL3 6BP

	Monday	Tuesday	Wednesday	Thursday	Friday
A M				9-11am Little Chatterboxes (Drop-in session for children from birth-4 years)	
P M				10-11am Health Visitor's Child Weighing Clinic	9-10:30am Lipson Toddlers (For children from birth-4 years) Lipson Vale Primary School

Rhymetimes
Wednesdays
 2:15-2:45pm
Laira Library
Thursdays
 2:15-2:45pm
Efford Library

