






Programme of events

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Morning	<p>ESOL 9.30-11.30am Nomony Limited crèche available Starts 9/1/12 Booking essential</p> <p>Money matters Nomony Monthly appointments Booking essential</p> <p>Financial Inclusion Service Mount Street Monthly appointments Booking essential call Nomony</p> <p>Smoking Cessation Contact Nomony</p> <p>Time to talk Appointments available with Hayley/Verna Phone Nomony</p>	<p>Midwives Clinic Please phone centre to book an appointment Booking essential</p> <p>Great Expectations 10.30am-12.30pm Nomony Booking essential</p> <p>Parent Voice Monthly 9.30-11am Mount Street 24/1/12</p> 	<p>Midwives Clinic Please phone centre to book an appointment Booking essential</p> <p>Incredible Years Parenting Programme 9.30-11.30am 12 week course Nomony Crèche available but spaces are limited Booking essential</p> <p>Little Monkeys 9.30-10.30am Mount Street For ages 12 months-2 years Starts 11/1/12</p> <p>Cheeky Monkeys 11am-12pm Mount Street For ages 2+ Starts 11/1/12</p>	<p>Step by Step 9.30-10.45am Mount Street Starts 5/1/12</p> 	<p>Midwives Clinic Please phone centre to book an appointment Booking essential</p> <p>Music, Rhythm and Rhyme 9.30-10.30am Nomony</p> <p>Chatterbox 11am-12.30pm Nomony</p> <p>Childminders 9.30-11.30am Stoke Methodist Church Fortnightly £1 per childminder Starts 12/1/12</p> 	<p>Shake it up! 10.30am-12.30pm 28 January 25 February 24 March Mount Street</p> <p>We would be grateful for a 50p contribution towards the running of each group. Unless otherwise stated. If you have questions please talk to a team member.</p> <p>February School Holidays Please look out for the school holiday activities</p>	Morning
	Afternoon	<p>Family First Aid 1-3pm Nomony Crèche available but spaces are limited Booking essential</p> <p>Tiny Talkers 1.30-2.30pm Mount Street For 6-12 months Starts 9/1/12</p>	<p>Little Bundles and Latch On 1.30-3pm Nomony Starts 3/1/12</p> 	<p>Multi Cultural Group 1.30-3pm Mount Street Starts 4/1/12</p> <p>Food, Fun and Fitness 1.30-3pm Nomony Starts 11/1/12 £1.50 contribution</p>	<p>Baby Massage 1.30-2.30pm Nomony 6 week course £1 a session or £5 Starts 12/1/12</p> <p>Time 4 US 1-2.30pm Mount Street Starts 5/1/12</p>	<p>SPECIAL EVENTS Pearly White Smiles Friday 30 March 9.30-11.30am Mount Street Crèche available Booking essential</p>	

We welcome your feedback and ideas! If you require and further information on the services we offer please contact us on the address at the back.

Drop-in groups

Latch on – a weekly drop in for all breastfeeding mums and partners to access support and advice.

Little Bundles – all parents and babies 0–6 months welcome to come, sing, play and chat.

Tiny Talkers – a session to encourage early communication through play. For babies aged 6–12 months.

Little Monkeys – for children aged 12 months to 2 years with a focus on play and communication.

Cheeky Monkeys – for all families with children aged 2+.

Music, Rhythm and Rhyme – come and join the musical fun. Learn rhymes and signs. This will run before the Chatterbox session.

Chatterbox – a weekly drop in clinic with local health visitors and children's centre team. Play activities to encourage language plus baby weighing, health advice and information.

Shake it up – a fun, family drop in on a Saturday morning. Fun and games for dads, mums and children to enjoy.

Multicultural group – a group for children and parents whose English is an additional language.

Step by Step – a drop-in group for parents/carers of children with additional needs or if you have any concerns. Advice and support available.

Time 4 Us – a weekly drop-in for all parents under 25 and their children. Advice, support and fun activities.

Parent Voice – we are looking for parents to come and share their ideas and views about the children's centre. Children welcome as their views count too!

Bookable groups

Please call 01752 667869 to book your place

Great Expectations – a six week ante natal programme for parents-to-be. Booking essential.

Baby Massage – for babies up to 6 months. A 6 week course to experience the benefits of massage for you and your baby. Book early. £5 for course.

Food, Fun and Fitness – a group to have fun while looking at new ideas for healthy eating and exercise.

ESOL – English classes for speakers of other languages. Limited crèche available.

Time to Talk – if you have a question, concern or would like some advice, Hayley and Verna are available every Monday. Please book an appointment at Nomony Children's Centre.

First Aid – a 5 week programme where you will learn the basics in first aid. Limited crèche spaces available.

Midwives Antenatal Clinic – a clinic for expectant parents.

Money Advice – monthly appointments available with Money Advice on issues such as welfare benefits, tax credits, tax issues, debts, bank accounts, Utility bills, budgeting, etc.

Financial Inclusion Service – monthly appointments for advice and guidance for people when claiming any benefits and tax credits.



The Children's Society

Nomony
A Sure Start Children's Centre

Spring term programme 2012



Our contact details

Nomony Children Centre
27 St Johns Road
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01752 667869

Nomony link site at Mount Street
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