



# Programme of events

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Morning	<p><b>Toy Library &amp; Play Packs</b> 9am-12pm Green Ark CC Starts 9/1/12</p> <p><b>Weigh &amp; Play</b> 10am-12pm Green Ark CC Starts 9/1/12</p> <p><b>Drop-in Money Advice Clinic</b> 10am-12pm Green Ark CC Starts 9/1/12</p> 	<p><b>Toy Library &amp; Play Packs</b> 9am-12pm Green Ark CC Starts 10/1/12</p> <p><b>Talk &amp; Tots</b> 9.30-11.15am Stoke Damerall Church Hall Starts 10/1/12 £1.50 per family</p> <p><b>Step by Step</b> 9.30-10.45am Green Ark CC Starts 10/1/12</p> 	<p><b>Toy Library &amp; Play Packs</b> 9am-12pm Green Ark CC Starts 11/1/12</p> <p><b>Job Centre Plus</b> 10am-3pm Green Ark CC</p> 	<p><b>Toy Library &amp; Play Packs</b> 9am-12pm Green Ark CC Starts 12/1/12</p>  	<p><b>Toy Library &amp; Play Packs</b> 9am-12pm Green Ark CC Starts 13/1/12</p> <p><b>Stay &amp; Play with Rhyme Time</b> 10am-12pm Green Ark CC Starts 13/1/12 Voluntary contribution</p> <p><b>Childminders</b> 9.30-11.30am Starts 13/1/12 (fortnightly) £1 per childminder</p> <p><b>Green Fingers Gardening Club</b> 10am-12pm Green Ark CC Garden Starts 20/1/12 (third Friday of each month)</p>	<p><b>Saturday Fun Session</b> 10am-12pm Green Ark CC Starts 21/1/12 (third Saturday of each month) 50p per person</p> 	Afternoon
	<p><b>Toy Library &amp; Play Packs</b> 1-2.30pm Green Ark CC Starts 9/1/12</p> <p><b>Latch On</b> 1-3pm Green Ark CC Starts 9/1/12 Voluntary contribution</p> 	<p><b>Toy Library &amp; Play Packs</b> 1-2.30pm Green Ark CC Starts 10/1/12</p> <p><b>Great Expectations</b> 1-3pm Green Ark CC Starts 17/1/12</p>	<p><b>Toy Library &amp; Play Packs</b> 1-2.30pm Green Ark CC Starts 11/1/12</p> <p><b>International Families Group</b> 12.30-2pm Green Ark CC Starts 11/1/12 50p per person</p> <p><b>Baby Massage</b> 1.30-2.30pm Green Ark CC Starts 11/1/12 (six week course) £1 per session</p>	<p><b>Toy Library &amp; Play Packs</b> 1-2.30pm Green Ark CC Starts 12/1/12</p> <p><b>Leap Around</b> 1-2.30pm Green Ark CC Starts 12/1/12 Voluntary contribution</p>	<p><b>Wild Food Walk</b> 12-1pm Meet Green Ark CC Garden Starts 20/1/12 (third Friday of each month)</p> <p><b>Toy Library &amp; Play Packs</b> 1-2.30pm Green Ark CC Starts 13/1/12</p> <p><b>Family First Aid Course</b> 1-3pm Green Ark CC Starts 13/1/12 (6 week course) Crèche available for children aged between 12 months and five years. Limited spaces - please book at Reception</p>		

We welcome your feedback and ideas! If you require and further information on the services we offer please contact us on the address at the back.

### Great Expectations

A five week course for pregnant ladies and their birthing partners. Booking essential.

### Latch On

A drop-in breastfeeding peer support group.

### Talks & Tots

A weekly drop-in group for children aged 0-5 years, offering play activities and singing. There is a £1.50 contribution per family. (Term time only).

### Toy Library

The Toy Library provides an opportunity for families to hire a variety of toys. There is an annual membership fee and small fee for hire of toys.

### Play Packs

Bags containing a game/activity and story for you and your child to borrow and enjoy at home, aimed at improving communication and enhancing play opportunities.

### Stay & Play with Rhyme Time

Weekly drop-in group for children aged 0-5 years and their parents/carers, offering play opportunities and singing. We ask for a voluntary contribution from each family.

### Saturday Fun Session

A monthly drop-in group for families held on third Saturday of the month. 50p per person. Please call to check suitability.

### Play & Weigh Baby Clinic

Weekly drop-in clinic where you can have your child weighed, chat to a member of the Health Visiting team and enjoy play activities.

### Leap Around

A drop-in group for children aged 12 months to 3 years. Focusing on messy play and physical activities. Siblings aged up to 5 years welcome. However, please call first to check suitability. (Term time only)

### Step by Step

A weekly drop-in group for children under 5 years with additional needs and their parents/carers. Families can access a variety of play experiences and get advice and support. (Term Time only)

### Baby Massage

A six week course for babies aged 6 weeks to sitting; you can learn the techniques and benefits of massaging your baby. Booking is essential. There is a cost of £1 per session (£5 if paid in advance).

### International Families Group

A weekly drop-in group for families with children under 5 years. A chance for families from different nationalities to meet new people over a snack. 50p per person. (Term time only)

### Parent Forum (Green Ark Family Alliance)

All welcome. Contact reception for information.

### Green Fingers Gardening Club

A monthly gardening club. Contact Reception for information.

### Wild Food Walk

A monthly walk around the local community. Contact Reception for information.

**Ante-natal clinics and Health Visitor developmental checks** at the Centre. Please contact Reception.



The Children's Society

Green Ark

A Sure Start Children's Centre

## Spring term programme 2012



## Our contact details

### Green Ark Children Centre

Fore Street, Devonport,  
Plymouth PL1 4DW

Tel: 01752 565 555

Email: [greenarkcc@childsoc.org.uk](mailto:greenarkcc@childsoc.org.uk)

[www.green-ark.co.uk](http://www.green-ark.co.uk)

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[www.childrensociety.org.uk](http://www.childrensociety.org.uk)