



PLYMOUTH 2012 GAMES



PLYMOUTH
CITY COUNCIL



Get inspired
With the Sports Development Unit



WELCOME

Plymouth City Council's Sports Development Unit in partnership with Plymouth NHS and Plymouth Chamber of Commerce would like to invite you to participate in the first ever 'Plymouth Games'.

With the London 2012 Olympics fast approaching there's no better time to take part in some fun sporting activities. Whether you are re-igniting old passions for sports you last played in your teens, or playing new sports you never thought you'd try, the Plymouth 2012 Games will definitely get you in the Olympic spirit.

No matter how big or small your company, business or department, you can enter as many or as few events as you like. It doesn't even have to be a work team, you could get together with a group of friends and enter a team.

To make the event as fun and attractive as possible, we will be introducing awards for the best dressed team, the best supported team and the team that embraces the spirit of the Games in the best way. There will also be an Olympic theme with gold, silver and bronze medals being awarded in each sporting event.

The Plymouth 2012 Games will kick off on 19 May, just after the London 2012 Olympic Torch Relay stops in Plymouth on its journey across the UK.

So dig out your sweat bands and get involved!

TIMETABLE OF EVENTS

DATE	SPORT	TIME	VENUE
Sunday 20 May	Athletics	1 to 5pm	Brickfields Recreation Ground
Tuesday 22 May	Tennis	7 to 10pm	Hele's School Bri-dome
Sunday 27 May	Water Polo	1 to 4pm	Plymouth Life Centre
Wednesday 30 May	Volleyball	7 to 10pm	UCP Marjon Sports Centre
Saturday 2 June	Football (male)	1 to 6pm	Goals Soccer Centre
Sunday 3 June	Football (female)	1 to 6pm	Goals Soccer Centre
Sunday 10 June	Hockey	1 to 5pm	UCP Marjon Sports Centre
Monday 11 June	Badminton	7 to 10pm	Plymouth Life Centre
Tuesday 12 June	Table Tennis	7 to 9pm	Plymouth Life Centre
Sunday 17 June	Netball	1 to 6pm	Plymouth Life Centre
Monday 18 June	Basketball	7 to 10pm	Plymouth Life Centre
Sunday 1 July	Presentation	7 to 10pm	Boringdon Park Golf Club

EVENT RULES

Normal rules of each sport will apply in all cases unless otherwise stated

Athletics

Squad size: 8 (4 male and 4 female)

Format: Super 8's – 100m, 400m, 100m hurdles, long jump, high jump, javelin, shot and medley relay.

Badminton

Squad size: 6 (3 male and 3 female)

Format: 2 male singles, 2 female singles and 1 mixed doubles

Basketball

Squad size: maximum 10 (male only)

Format: 5 a-side, round robin group stage, leading to knockout.

Football

Squad size: maximum 10 (separate male and female competitions)

Format: 5 a-side round robin group stages progressing to a knockout.

Hockey

Squad size: maximum 7 (mixed)

Format: Rush hockey, 5 a-side round robin group stages progressing to a knockout.

Netball

Squad size: maximum 10 (female only)

Format: 7 a-side, round robin group stages progressing to a knockout.

Table tennis

Squad size: 5 (mixed)

Format: Round robin group stages progressing to a knockout.

Tennis

Squad size: 6 (3 male and 3 female)

Format: 2 male singles, 2 female singles and 1 mixed doubles

Volleyball

Squad size: maximum 10 (mixed)

Format: 6 a-side, round robin group stages progressing to a knockout.

Water polo

Squad size: maximum 7 (separate male and female competitions)

Format: 5 a-side, round robin group stages progressing to a knockout.

A more detailed set of rules will be sent prior to the day for the events that you enter.

ENTRY FORM

Business / Team name _____

Contact name _____

Contact number _____

Contact email address _____

Please enter our team in the following events (tick a box where appropriate)

Athletics

Netball

Badminton

Table tennis

Basketball

Tennis

Football (male)

Volleyball

Football (female)

Water polo (male)

Hockey

Water polo (female)

Each event costs £25 per team. Please make all cheques payable to 'Plymouth City Council'.

Deadline for entries – Friday 20 April 2012

**Please return this form to
Sports Development Unit, Plymouth City Council, Plymouth PL1 2AA**

