



# GET ACTIVE

with the Sports Development Unit



City of  
*Plymouth*



Sport Unlimited Programme - May 2010

sport unlimited



# GET ACTIVE WITH SPORT UNLIMITED...

ACTIVITY	VENUE	START DATE	TIME	AGE
Tennis	Hill Lane Junior Tennis Club	Tuesday 4 May	5.30 to 6.30pm	8 to 12
Athletics	Brickfields Recreation Ground	Wednesday 5 May	6 to 7pm	12 to 16
Skiing	Plymouth Ski Centre	Wednesday 5 May	6 to 7pm	8 to 19
Studio Fitness Classes	Morgans Health and Fitness	Thursday 6 May	6 to 7pm	13 to 19
Gig Rowing	Mount Batten Centre	Friday 7 May	6 to 7pm	14 to 19
Diving	Central Park Leisure Pools	Saturday 8 May	12.15 to 1.15pm	8 to 16
Baseball	Knolly's Field, Central Park	Saturday 8 May	1 to 2pm	8 to 16
Octopush	Central Park Leisure Pools	Saturday 8 May	3.15 to 4.15pm	8 to 12
Rugby League	Stonehouse Creek	Sunday 9 May	10 to 11am	12 to 15
Golf	Plymouth Golf Centre	Sunday 9 May	11am to 12noon	10 to 14
Boxing	The Engage Church Hall, St Levans Road	Monday 10 May	7 to 8pm	9 to 19

If you are between 8 and 19 years old and are thinking of trying a new activity, then this is for you.

All activities cost £1 per session and last for eight weeks.

Places are limited so book early:  
[www.plymouth.gov.uk/sportunlimited](http://www.plymouth.gov.uk/sportunlimited)



All activities must be booked in advance please call: 01752 307008 or email: [sportsdevelopment@plymouth.gov.uk](mailto:sportsdevelopment@plymouth.gov.uk)

Activity .....

Name ..... Date of Birth .....

Male  Female

School ..... School year .....

Address .....

..... Postcode .....

Telephone contact daytime ..... Evening .....

Mobile .....

Email address .....

What is your ethnicity?.....

Is your child disabled? Yes  No

If yes, does this limit their ability to participate in anyway?.....

Please detail below any important medical information that we should be aware of (e.g. epilepsy, asthma, diabetes etc)

I consent to any emergency medical treatment required by my child during the course of the activity/event

I understand that the Sports Development Unit may arrange for photographs to be taken of its activities and I consent to these photographs being used by the Sports Development Unit for bonafide promotional purposes.

Name of Parent / Guardian .....

Signature ..... Date.....

The information you provide will be used to ensure the safety of all participants and may be shared with other people/ organisations involved with the delivery of these activities, if appropriate. By signing this form you are consenting to the Council using the information which you have supplied in the manner stated above. The Data Controller for Plymouth City Council is: Head of Legal Services, Civic Centre Plymouth PL1 2AA.

**Once you have booked your activity, please complete and return this form to the Sports Development Unit. Culture Sport and Leisure, Plymouth City Council, Plymouth PL1 2AA**