

# COMMUNITY YOUTH



Month	Day	What	Age range	Where	When	Email
On-going	Monday	Lunch Time drop in	11 to 14	Estover Youth Centre	1pm-2pm	<a href="mailto:estover.youth@plymouth.gov.uk">estover.youth@plymouth.gov.uk</a>
On-going	Monday	Junior Drop in	11 to 13	Estover Youth Centre	3pm-4:30pm	<a href="mailto:estover.youth@plymouth.gov.uk">estover.youth@plymouth.gov.uk</a>
On-going	Monday	Come Dine With Me	12 to 19	Estover Youth Centre	5:30pm-7:30pm	<a href="mailto:estover.youth@plymouth.gov.uk">estover.youth@plymouth.gov.uk</a>
On-going	Monday	Girl's Group	11 - 19	Honicknowle Youth Centre	5:00pm-6:00pm	<a href="mailto:honicknowle.youth@plymouth.gov.uk">honicknowle.youth@plymouth.gov.uk</a>
On-going	Monday	6's & 7's	Year 6 & 7 only	Honicknowle Youth Centre	6pm – 7.30pm	<a href="mailto:honicknowle.youth@plymouth.gov.uk">honicknowle.youth@plymouth.gov.uk</a>
On-going	Monday	Efford Football	10 to 19	Efford MUGA	6:30-8:00pm	<a href="mailto:efford.youth@plymouth.gov.uk">efford.youth@plymouth.gov.uk</a>
Month	Day	What	Age range	Where	When	Email
On-going	Tuesday	Inclusion Support	11 to 14	Estover Youth Centre/Tor Bridge	1pm-2pm	<a href="mailto:estover.youth@plymouth.gov.uk">estover.youth@plymouth.gov.uk</a>
On-going	Tuesday	Out Youth Group	11 – 15	Contact Ali to find out more	5:30pm – 7:00pm	<a href="mailto:outyouth@plymouth.gov.uk">outyouth@plymouth.gov.uk</a>
On-going	Tuesday	Out Youth Group	15 – 19	Contact Ali to find out more	7:00pm – 8:30pm	<a href="mailto:outyouth@plymouth.gov.uk">outyouth@plymouth.gov.uk</a>
On-going	Tuesday	Young Carers-Juniors	8 to 12/13	Efford Youth Centre	6:00pm-7:30pm	<a href="mailto:youngcarers@plymouth.gov.uk">youngcarers@plymouth.gov.uk</a>
On-going	Tuesday	Young Carers-Seniors	13 to 19	Efford Youth Centre	7:30pm-9pm	<a href="mailto:youngcarers@plymouth.gov.uk">youngcarers@plymouth.gov.uk</a>
On-going	Tuesday	Southway Chill out (open access)	11 to 19	Southway Youth Centre	6:30pm-8:30pm	<a href="mailto:southway.youth@plymouth.gov.uk">southway.youth@plymouth.gov.uk</a>
Month	Day	What	Age range	Where	When	Email
On-going	Wednesday	Sexual Health	13+	Honicknowle Youth Centre	5pm – 6pm	<a href="mailto:honicknowle.youth@plymouth.gov.uk">honicknowle.youth@plymouth.gov.uk</a>
On-Going (Term Time only)	Wednesday	Southway Play Care 'Junior Club' (£2 access fee)	4 – 11 (if in primary school)	Southway Youth Centre	6pm-8pm	<a href="mailto:southway-playcare@hotmail.co.uk">southway-playcare@hotmail.co.uk</a>
On-going	Wednesday	"No Limits " (Specifically for young people with additional needs)	11 to 25	Southway Youth Centre	6pm-8pm	<a href="mailto:southway.youth@plymouth.gov.uk">southway.youth@plymouth.gov.uk</a>
on-going	Wednesdays	4 Me and My Friends (4MMF's) for young people who are ASD	10-14	Efford Youth and Community Centre	4.30-6.00pm	<a href="mailto:4meandmyfriends@plymouth.gov.uk">4meandmyfriends@plymouth.gov.uk</a>
On-going	Wednesdays	4 Me and My Friends (4MMF's) for young people who are ASD	14-19	Efford Youth and Community Centre	6.30-8.00pm	<a href="mailto:4meandmyfriends@plymouth.gov.uk">4meandmyfriends@plymouth.gov.uk</a>
On-going	Wednesday	Kicks	11-19	Honicknowle Youth Centre	6:00pm-8:00 pm	<a href="mailto:honicknowle.youth@plymouth.gov.uk">honicknowle.youth@plymouth.gov.uk</a>
On-going	Wednesday	Senior Drop in	11 to 19	Estover Youth Centre	6:30pm-8:00pm	<a href="mailto:estover.youth@plymouth.gov.uk">estover.youth@plymouth.gov.uk</a>
Month	Day	What	Age range	Where	When	Email
On-going	Thursday	Efford Drop in	11-19	Efford Youth and Community Centre	6:30pm-8:30pm	<a href="mailto:efford.youth@plymouth.gov.uk">efford.youth@plymouth.gov.uk</a>
Month	Day	What	Age range	Where	When	Email
On-going	Friday	Cann Bridge School	11 to 19	Estover Youth Centre	2:00pm-3:00pm	<a href="mailto:estover.youth@plymouth.gov.uk">estover.youth@plymouth.gov.uk</a>
On-going	Friday	The Beacon	11 to 16	The Beacon North Prospect	3:30pm-5:15pm	<a href="mailto:estover.youth@plymouth.gov.uk">estover.youth@plymouth.gov.uk</a>
On-going	Friday	Development Group	13+	Honicknowle Youth Centre	4:00pm – 5pm	<a href="mailto:honicknowle.youth@plymouth.gov.uk">honicknowle.youth@plymouth.gov.uk</a>
On-going	Friday	Sexual Health drop-in	13+	Honicknowle Youth Centre	4:00pm – 5pm	<a href="mailto:honicknowle.youth@plymouth.gov.uk">honicknowle.youth@plymouth.gov.uk</a>
On-going	Friday	Kicks	11-19	Honicknowle Youth Centre	6:00pm-8:00 pm	<a href="mailto:honicknowle.youth@plymouth.gov.uk">honicknowle.youth@plymouth.gov.uk</a>
On-going	Friday	Southway Chill out	13 to 19	Southway Youth Centre	6:30pm-8:30 pm	<a href="mailto:southway.youth@plymouth.gov.uk">southway.youth@plymouth.gov.uk</a>

Sessions are subject to change at any time, please contact the centre for more details.