



Plymouth

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Area type: Unitary authority
Region: South West

Local Authority Health Profile 2019

This profile gives a picture of people's health in Plymouth. It is designed to act as a 'conversation starter', to help local government and health services understand their community's needs, so that they can work together to improve people's health and reduce health inequalities.

Visit <https://fingertips.phe.org.uk/profile/health-profiles> for more area profiles, more information and interactive maps and tools.

Health in summary

The health of people in Plymouth is varied compared with the England average. 20% (9,350) of children live in low income families. Life expectancy for both men and women is lower than the England average.

Health inequalities

Life expectancy is 8.5 years lower for men and 6.2 years lower for women in the most deprived areas of Plymouth than in the least deprived areas.

Child health

In Year 6, 18.6% (464) of children are classified as obese. The rate for alcohol-specific hospital admissions among those under 18 is 47*, worse than the average for England. This represents 25 admissions per year. Levels of teenage pregnancy, GCSE attainment (average attainment 8 score) and breastfeeding are worse than the England average.

Adult health

The rate for alcohol-related harm hospital admissions is 638*. This represents 1,605 admissions per year. The rate for self-harm hospital admissions is 249*, worse than the average for England. This represents 678 admissions per year. Estimated levels of excess weight in adults (aged 18+) are worse than the England average. The rates of killed and seriously injured on roads and new cases of tuberculosis are better than the England average. The rate of new sexually transmitted infections is worse than the England average. The rate of statutory homelessness is better than the England average. The rates of under 75 mortality rate from cardiovascular diseases and under 75 mortality rate from cancer are worse than the England average.

* rate per 100,000 population



Health summary for Plymouth

Key

Significance compared to goal / England average:

Significantly worse	Significantly lower	↑ Increasing / Getting worse	↑ Increasing / Getting better
Not significantly different	Significantly higher	↓ Decreasing / Getting worse	↓ Decreasing / Getting better
Significantly better	Significance not tested	↑ Increasing	↓ Decreasing
		↑ Increasing (not significant)	↓ Decreasing (not significant)
		— Could not be calculated	→ No significant change

Life expectancy and causes of death

Indicator	Age	Period	Count	Value (Local)	Value (Region)	Value (England)	Change from previous
1 Life expectancy at birth (male)	All ages	2015 - 17	n/a	79.0	80.2	79.6	↑
2 Life expectancy at birth (female)	All ages	2015 - 17	n/a	82.2	83.7	83.1	↓
3 Under 75 mortality rate from all causes	<75 yrs	2015 - 17	2,408	366.3	302.8	331.9	↑
4 Mortality rate from all cardiovascular diseases	<75 yrs	2016 - 18	522	78.6	61.9	71.7	↓
5 Mortality rate from cancer	<75 yrs	2016 - 18	958	144.3	125.6	132.3	↓
6 Suicide rate	10+ yrs	2016 - 18	68	9.6	11.1	9.6	↑

Injuries and ill health

Indicator	Age	Period	Count	Value (Local)	Value (Region)	Value (England)	Change from previous
7 Killed and seriously injured (KSI) rate on England's roads	All ages	2015 - 17	284	36.1	39.8	40.8	↑
8 Emergency hospital admission rate for intentional self-harm	All ages	2017/18	678	249.4	250.2	185.5	↓
9 Emergency hospital admission rate for hip fractures	65+ yrs	2017/18	264	548.3	563.9	577.8	↓
10 Percentage of cancer diagnosed at early stage	All ages	2017	595	54.2	53.3	52.2	↓
11 Estimated diabetes diagnosis rate	17+ yrs	2018	n/a	78.8	74.0	78.0	↑
12 Estimated dementia diagnosis rate	65+ yrs	2019	1,897	56.3 *	62.4 *	68.7 *	↓

Behavioural risk factors

Indicator	Age	Period	Count	Value (Local)	Value (Region)	Value (England)	Change from previous
13 Hospital admission rate for alcohol-specific conditions	<18 yrs	2015/16 - 17/18	74	47.3	43.6	32.9	↓
14 Hospital admission rate for alcohol-related conditions	All ages	2017/18	1,605	638.4	649.7	632.3	↓
15 Smoking prevalence in adults	18+ yrs	2018	35,710	17.0	13.9	14.4	↓
16 Percentage of physically active adults	19+ yrs	2017/18	n/a	68.7	70.7	66.3	↑
17 Percentage of adults classified as overweight or obese	18+ yrs	2017/18	n/a	67.2	61.0	62.0	↑

Child health

Indicator	Age	Period	Count	Value (Local)	Value (Region)	Value (England)	Change from previous
18 Teenage conception rate	<18 yrs	2017	95	25.1	14.9	17.8	↑
19 Percentage of smoking during pregnancy	All ages	2018/19	291	11.2	10.9 ~	10.6	↑
20 Percentage of breastfeeding initiation	All ages	2016/17	2,013	69.0	79.5	74.5	↓
21 Infant mortality rate	<1 yr	2015 - 17	28	3.1	3.3	3.9	↑
22 Year 6: Prevalence of obesity (including severe obesity)	10-11 yrs	2017/18	464	18.6	16.8	20.1	↑

Inequalities

Indicator	Age	Period	Count	Value (Local)	Value (Region)	Value (England)	Change from previous
23 Deprivation score (IMD 2015)	All ages	2015	n/a	26.6	- ~	21.8	-
24 Smoking prevalence in adults in routine and manual occupations	18-64 yrs	2018	n/a	22.8	25.5	25.4	↓
25 Inequality in life expectancy at birth (male)	All ages	2015 - 17	n/a	8.5	7.5	9.4	↑
26 Inequality in life expectancy at birth (female)	All ages	2015 - 17	n/a	6.2	5.8	7.4	↓

Wider determinants of health

Indicator	Age	Period	Count	Value (Local)	Value (Region)	Value (England)	Change from previous
27 Percentage of children in low income families	<16 yrs	2016	9,350	20.0	14.0	17.0	↑
28 GCSE attainment (average attainment 8 score)	15-16 yrs	2017/18	n/a	43.0	46.7	46.7	↓
29 Percentage of people in employment	16-64 yrs	2018/19	125,700	75.4	78.9	75.6	↑
30 Statutory homelessness rate - eligible homeless people not in priority need	Not applicable	2017/18	30	0.3	0.3	0.8	↓
31 Violent crime - hospital admission rate for violence (including sexual violence)	All ages	2015/16 - 17/18	395	47.8	33.6	43.4	↓

Health protection

Indicator	Age	Period	Count	Value (Local)	Value (Region)	Value (England)	Change from previous
32 Excess winter deaths index	All ages	Aug 2017 - Jul 2018	184	22.6	29.5	30.1	↑
33 New STI diagnoses rate (exc chlamydia aged <25)	15-64 yrs	2018	1,699	994.8	655.3	850.6	↑
34 TB incidence rate	All ages	2016 - 18	49	6.2	2.8	9.2	↓

For full details on each indicator, see the [definitions tab of the Local Authority Health Profiles online tool](#).
For a full list of profiles produced by Public Health England, see the fingertips website: <https://fingertips.phe.org.uk/>

Indicator value types

1,2 Life expectancy - years 3,4,5 Directly age-standardised rate per 100,000 population aged under 75 6 Directly age-standardised rate per 100,000 population aged 10 and over 7 Crude rate per 100,000 population 8 Directly age-standardised rate per 100,000 population 9 Directly age-standardised rate per 100,000 population aged 65 and over 10 Proportion - % of cancers diagnosed at stage 1 or 2 11 Proportion - % recorded diagnosis of diabetes as a proportion of the estimated number with diabetes 12 Proportion - % recorded diagnosis of dementia as a proportion of the estimated number with dementia 13 Crude rate per 100,000 population aged under 18 14 Directly age-standardised rate per 100,000 population 15,16,17 Proportion 18 Crude rate per 1,000 females aged 15 to 17 19,20 Proportion 21 Crude rate per 1,000 live births 22 Proportion 23 Index of Multiple Deprivation (IMD) 2015 score 24 Proportion 25,26 Slope index of inequality 27 Proportion 28 Mean average across 8 qualifications 29 Proportion 30 Crude rate per 1,000 households 31 Directly age-standardised rate per 100,000 population 32 Ratio of excess winter deaths to average of non-winter deaths 33 Crude rate per 100,000 population aged 15 to 64 (excluding Chlamydia) 34 Crude rate per 100,000 population

*	Value compared to a goal (see below)
~	Aggregated from all known lower geography values

Thresholds for indicators that are compared against a goal

Indicator Name	Green	Amber
12 Estimated dementia diagnosis rate (aged 65 and over)	>= 66.7%	< 66.7%

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