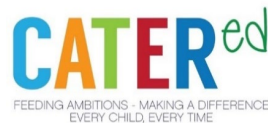


# HOT PACKED LUNCH MENU

## AUTUMN 2020



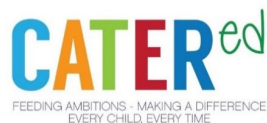
These meals will be served in compostable clam shell containers with the drink, dessert and cutlery in packed lunch carrier bags

WEEK 1	Monday	Tuesday	Wednesday	Thursday	Friday
Choice One	All American burger with seasoned wedges (H)	Homemade pizza choices with diced potatoes (H)	Bolognese pasta bake & garlic bread (H)	Roast chicken cooked in gravy, roast potatoes, and stuffing (H)	Breaded pollock with chips or pasta
Choice Two	Selection of jacket potatoes	Selection of jacket potatoes	Selection of jacket potatoes	Selection of jacket potatoes	Selection of jacket potatoes
Vegetables	Cucumber and carrot sticks	Small side salad	Cucumber & carrot sticks	Cooked carrot rounds	Small side salad
Dessert	Iced yoghurt (individual pots)	Piece of fruit & yoghurt	Savoury cornbread muffin (H)	Piece of fruit & yoghurt	Lemon drizzle cake (H)
WEEK 2	Monday	Tuesday	Wednesday	Thursday	Friday
Choice One	Southern style crispy chicken with wedges (H)	Macaroni cheese & garlic bread (H)	All Day Breakfast (H)	Roast beef cooked in gravy, Yorkshire pudding & roast potatoes(H)	Fish fingers with chips or pasta
Choice Two	Selection of jacket potatoes	Selection of jacket potatoes	Selection of jacket potatoes	Selection of jacket potatoes	Selection of jacket potatoes
Vegetables	Cucumber and carrot sticks	Small side salad	Cucumber and carrot sticks	Cooked carrot rounds	Cucumber/carrot sticks
Dessert	Iced yoghurt (individual pots)	Piece of fruit & yoghurt	Sliced cheese & savoury biscuits (H)	Piece of fruit & yoghurt	Victoria sponge (H)
WEEK 3	Monday	Tuesday	Wednesday	Thursday	Friday
Choice One	Hotdog with diced potatoes (H)	Cheese wheels with wedges (H)	BBQ chicken french bread pizza with jacket wedges(H)	Roast gammon cooked in gravy served with roast potatoes (H)	Breaded fish fillet and chips or pasta
Choice Two	Selection of jacket potatoes	Selection of jacket potatoes	Selection of jacket potatoes	Selection of jacket potatoes	Selection of jacket potatoes
Vegetables	Cucumber and carrot sticks	Small side salad	Cucumber and carrot sticks	Cooked carrot rounds	Cucumber/carrot sticks
Dessert	Iced yoghurt (individual pots)	Piece of fruit & yoghurt	Orange sponge (H)	Piece of fruit & yoghurt	Oaty orange & sultana cookie (H)

H – Home-made / V – Vegetarian / Ve – Vegan / Selection of jacket potatoes with meat or vegetarian choices  
Please note that baked beans can be offered as a substitute to the salad being served as veg if required

# COLD PACKED LUNCH MENU

## AUTUMN 2020



Week One	Monday	Tuesday	Wednesday	Thursday	Friday
Daily Special	Texan BBQ Quorn Fillet Wrap	Homemade Pizza Slice	Egg mayo & tomato baps	Roasted Vegetable slice	Chicken salad Pasta pot
Standard Daily Choice	Ham, Cheese or Tuna sandwich	Ham, Cheese or Tuna wrap	Ham, Cheese or Tuna sandwich	Ham, Cheese or Tuna wrap	Ham, Cheese or Tuna sandwich
Additional Items	Fresh piece of fruit Salad items Dessert of the day Variety of savoury snacks Carton of spring water	Fresh piece of fruit Salad items Dessert of the day Variety of savoury snacks Carton of spring water	Fresh piece of fruit Salad items Dessert of the day Variety of savoury snacks Carton of spring water	Fresh piece of fruit Salad items Dessert of the day Variety of savoury snacks Carton of spring water	Fresh piece of fruit Salad items Dessert of the day Variety of savoury snacks Carton of spring water
Week Two	Monday	Tuesday	Wednesday	Thursday	Friday
Daily Special	Southern Style Chicken Pasta pot	Quorn Sausage & ketchup baps	BLT Sandwich	Roast Beef Salad Baguette	Vegetarian Sausage Roll
Standard Daily Choice	Ham, Cheese or Tuna sandwich	Ham, Cheese or Tuna wrap	Ham, Cheese or Tuna sandwich	Ham, Cheese or Tuna wrap	Ham, Cheese or Tuna sandwich
Additional items	Fresh piece of fruit Salad items Dessert of the day Variety of savoury snacks Carton of spring water	Fresh piece of fruit Salad items Dessert of the day Variety of savoury snacks Carton of spring water	Fresh piece of fruit Salad items Dessert of the day Variety of savoury snacks Carton of spring water	Fresh piece of fruit Salad items Dessert of the day Variety of savoury snacks Carton of spring water	Fresh piece of fruit Salad items Dessert of the day Variety of savoury snacks Carton of spring water
Week Three	Monday	Tuesday	Wednesday	Thursday	Friday
Daily Special	Egg mayo & cross finger roll	Cheese Wheel	French Bread Pizza	Roast Gammon & Coleslaw baguette	Cheese & Tomato Quiche
Standard Daily Choice	Ham, Cheese or Tuna sandwich	Ham, Cheese or Tuna wrap	Ham, Cheese or Tuna sandwich	Ham, Cheese or Tuna wrap	Ham, Cheese or Tuna sandwich
Additional Items	Fresh piece of fruit Salad items Dessert of the day Variety of savoury snacks Carton of spring water	Fresh piece of fruit Salad items Dessert of the day Variety of savoury snacks Carton of spring water	Fresh piece of fruit Salad items Dessert of the day Variety of savoury snacks Carton of spring water	Fresh piece of fruit Salad items Dessert of the day Variety of savoury snacks Carton of spring water	Fresh piece of fruit Salad items Dessert of the day Variety of savoury snacks Carton of spring water

Packed lunches are freshly prepared daily and served in a paper carrier bag

H – Home-made / V – Vegetarian / Ve – Vegan / Selection of jacket potatoes with meat or vegetarian choices  
Please note that baked beans can be offered as a substitute to the salad being served as veg if required